

Bring Me Water!

November 19, 2002

Choreographed and Prepared by: Nancy A. Morgan

Dance Information: 20 Count, 4 Wall, Beginner Dance, Smooth

Music: Waiter! Bring Me Water! By Shania Twain • **CD: Up!** • **BPM: 81**

Alternate Song: Family Affair by Mary J. Blige • **CD: No More Drama** • **BPM: 93**

Start: Both songs start when she starts to sing.

Video On: www.youtube.com

DIAGONALLY STEP, TOGETHER, STEP, SKATE, SKATE, DIAGONALLY STEP, TOGETHER, STEP, SKATE, SKATE

1&2 Step diagonally towards 1:00 and step Right forward, step Left next to Right, step Right forward
3,4 Skate Left, Skate Right
5&6 Step diagonally towards 11:00 and step Left forward, step Right next to Left, step Left forward
7,8 Skate Right, Skate Left

BACK COASTER STEP, ¼ TURN MAMBO

1&2 Back Coaster Step – Step back on Right, back on Left, step forward on Right
3&4 ¼ turn Right Mambo – Step Left foot forward, turn ¼ turn Right as you step on your Right, Step Left next to your Right

HEEL AND HEEL AND STEP, LIFT HEELS UP AND DOWN, REPEAT

1&2 Put Right Heel forward, put Right next to Left as you put your Left heel forward
&3 Put Left next to Right as you step forward on your Right foot
&4 Lift both heels up and down (shift weight to your Left foot)
5&6 Put Right Heel forward, put Right next to Left as you put your Left heel forward
&7 Put Left next to Right as you step forward on your Right foot
&8 Lift both heels up and down (shift weight to your Left foot)

Note: When you lift your heels off of the floor, use only your knees, do not go all the way up with your whole body. See video.

START AGAIN!