

Move Slowly



Count: 32 **Wall:** 4 **Level:** Beginner - Country
Choreographer: Michelle Risley (UK) Oct 2015
Music: 'Nobody's Home' by Clint Black

Count In: 16 counts from start of track, on vocal. Approx 103 bpm - *No Tags, * No Restarts

[1-8] ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD [12]

1-2 Rock Right Forward, Recover On Left
3&4 Step Back Right, Left Next To Right, Step Back Right
5-6 Rock Left Back, Recover On Right
7&8 Step Left Forward, Right Next To Left, Step Forward Left

[9-16] PIVOT ¼ LEFT, CROSS SHUFFLE, WEAVE [9]

1-2 Step Forward Right, ¼ Turn Left
3&4 Cross Right Over Left, Side Left, Cross Right Over Left
5-6 Step Left Side, Right Behind,
7-8 Step Left Side, Cross Right Over Left

[17-24] SIDE ROCK, CROSS SHUFFLE, WEAVE [9]

1-2 Side Rock Left, Recover Right
3&4 Cross Left Over Right, Side Right, Cross Left Over Right
5-6 Side Right, Behind Left,
7-8 Right Side, Cross Left Over Right

[25-32] SIDE, TOGETHER, SHUFFLE BACK, SIDE, TOGETHER, SHUFFLE FORWARD [9]

1-2 Step Right To Side, Step Left Next To Right
3&4 Step Back Right, Left Next To Right, Back Right
5-6 Step Left To Side, Step Right Next To Left
7&8 Step Forward Left, Step Right Next To Left, Step Forward Left

START AGAIN – HAVE FUN

Contact ~ Michelle: michellerisley@hotmail.co.uk - 07808 772987 - www.peace-train.co.uk
